

Empire Swimming Rocket Team Practice Schedule at Masters School May 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4	5
		REGULAR	REGULAR	REGULAR		
		PRACTICE	PRACTICE	PRACTICE		
6	7	8	9	10	11	12
REGULAR	NO PRACTICE	REGULAR	REGULAR	REGULAR		
PRACTICE		PRACTICE	PRACTICE	PRACTICE		
13	14	15	16	17	18	19
REGULAR	REGULAR	REGULAR	REGULAR	REGULAR		
PRACTICE	PRACTICE	PRACTICE	PRACTICE	PRACTICE		
				PAC MEET	PAC MEET	PAC MEET
20	21	22	23	24	25	26
REGULAR	REGULAR	REGULAR	REGULAR	REGULAR		
PRACTICE	PRACTICE	PRACTICE	PRACTICE	PRACTICE		
Empire Meet Deadline						
27	28	29	30	31	1	2
NO PRACTICE	REGULAR	REGULAR	REGULAR	REGULAR		
	PRACTICE	PRACTICE	PRACTICE	PRACTICE		
					EMPIRE JUNE SPRINT MEET	

Regular Masters Rocket practice is Monday-Friday 5:15 - 6:15 PM