



Empire Swimming  
Rocket Team Practice Schedule at Masters School  
April 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 REGULAR PRACTICE	2 REGULAR PRACTICE  PAC Meet Deadline	3 REGULAR PRACTICE	4 REGULAR PRACTICE	5 REGULAR PRACTICE	6	7
8 REGULAR PRACTICE	9 REGULAR PRACTICE	10 REGULAR PRACTICE	11 REGULAR PRACTICE	12 REGULAR PRACTICE  Empire Time Trial Deadline	13	14
15 REGULAR PRACTICE	16 REGULAR PRACTICE	17 REGULAR PRACTICE	18 REGULAR PRACTICE	19 REGULAR PRACTICE	20  EMPIRE TIME TRIAL MEET	21
22 REGULAR PRACTICE	23 NO PRACTICE	24 REGULAR PRACTICE	25 REGULAR PRACTICE	26 REGULAR PRACTICE	27	28
29 REGULAR PRACTICE	30 REGULAR PRACTICE					

**Regular Masters Rocket practice is Monday-Friday 5:15 - 6:15 PM**